
Defensive Football Fundamentals Techniques Gilliam

purpose: the drill - playflagfootball - b a 7 yards 15 yards both players should start o in an athletic position. player b should take the appropriate angle to player a so that he has an opportunity to pull his °ags. **introduction calling plays offensive numbering system ...** - reading the defense- it is important that both the quarterback and the receivers be able to read the coverage of the defense. the quarterback needs to be able to choose the receiver he is going to throw the ball. the receivers need to be able to recognize the coverage, too, so that they can make necessary

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